

2021 Safety Guidance

Cato Youth Soccer Club:

- Follow mandatory instructions for County or State
- Have hand sanitizer available
- No player or coach can attend if they are feeling sick
- Sick players or coaches must quarantine as required by CDC
- Disinfect all training equipment we provide prior to practice
- Restrooms will have antibacterial soap
- Restrooms, door handles will be cleaned in between practice days

Coaches:

- Wash your hands
- Have hand sanitizer available
- No player or coach can attend if they are feeling sick
- Sick players or coaches must quarantine as required by CDC
- Will call parents over to assist with child if needed

Parents:

- Parents make the ultimate decision on their child's attendance and participation. If you or your child don't feel comfortable returning, that is ok.
- Parents have total responsibility regarding their child during practice
 - o Be sure to discuss that your child should avoid contact with others (including coach)
- Have hand sanitizer available for your child
- Wash your hands
- Take your child's temperature before you come to practice
- Do not come with your child if you are sick
- No player or coach can attend if they are feeling sick
- Sick players or coaches must quarantine as required by CDC
- Remind your child - no sharing of water, snacks or equipment
- Clean your child's soccer ball before/after every practice or game
- Social distance recommended of 6 ft between families
 - o You may choose to sit near the practice field or stay in your vehicle
 - o We prefer you stay on site and not leave the facility during your child's practice
- Do not assist coach or coaches with equipment at the beginning or end of practice

Players:

- Wash your hands
- Bring labeled drink bottle and leave it with your family on sideline while playing
- No sharing of water, snacks or equipment
- No shaking hands, high fives, fist bump, hugs, etc
- Spread out during breaks